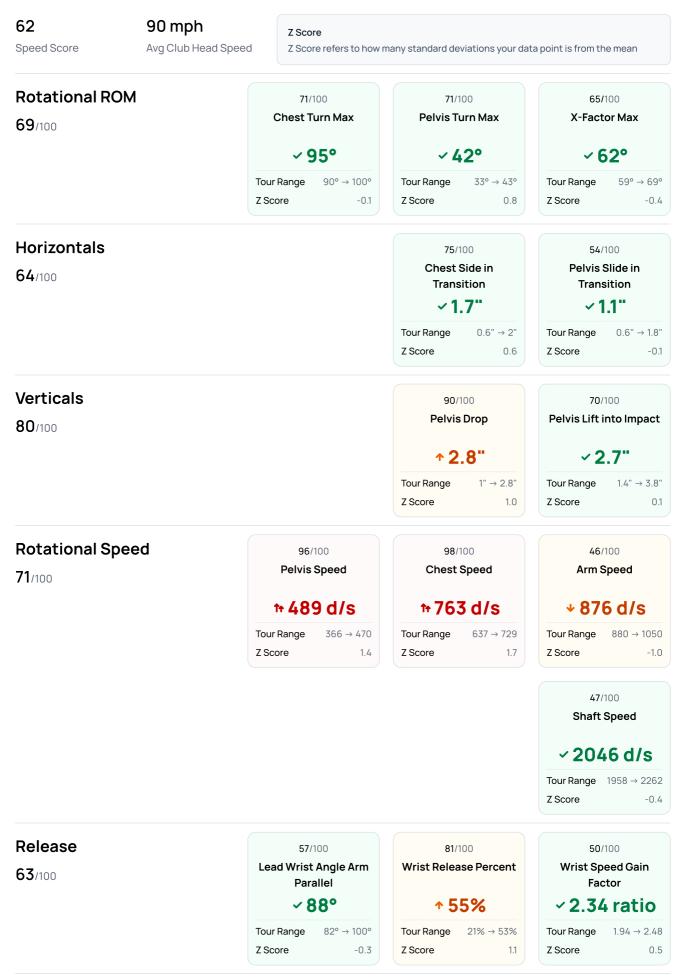
# Swing Score Report



D1 Male Player Date: 10 January, 2025 Club: 6 Iron						
		VL	#10	90mph		
77		Swing Type	Swings Taken	Avg Club Speed		
		62	89	79		
Overall Score		Speed Score	Efficiency Score	Consistency Score		
01	VL					
Swing Type	<b>ng Type</b> Movement Superpower: Your primary movement type is vertical. Your vertical movement ranks at 80th percentile compared with the Sportsbox tour database. <b>Speed Superpower:</b> Your primary speed source is your Legs because your percent contribution is 24%, which is 0.3 standard deviations higher than the tour mean.					
02	You have a speed score of <b>62</b> . Your swing speed ranks at the 62nd percentile compared to the Sportsbox database of					
Speed Score						
	male iron swings. Your primary movement type is vertical followed by rotational and					
	horizontal, respectively.					
03	You have an e	efficiency score of <u>89</u> .				
Efficiency Score	You have efficient transition order sequencing observed by your body segments					
	transition in the correct order from backswing to downswing as; Pelvis (1), Chest (2), Arm (3), Club (4). You have efficient movement sequencing with your pelvis swaying (1)					
	toward the target, then rotating (2), then lifting (3). You are most efficient with your legs					
	as it is your highest relative contribution when compared to the tour database.					
04	You have a co	onsistency score of <u>79</u> .				
Consistency Score	You are most consistent with your body positions at address followed closely by top of					
Consistency Score	backswing. This will aid in more consistent ball contact.					
05	<ul> <li>Speed fac</li> </ul>	tor that's lowest: Rele	ase			
	Segment that's least efficient: Shoulder					
Areas of Focus	Part of your swing that's least consistent: Impact					

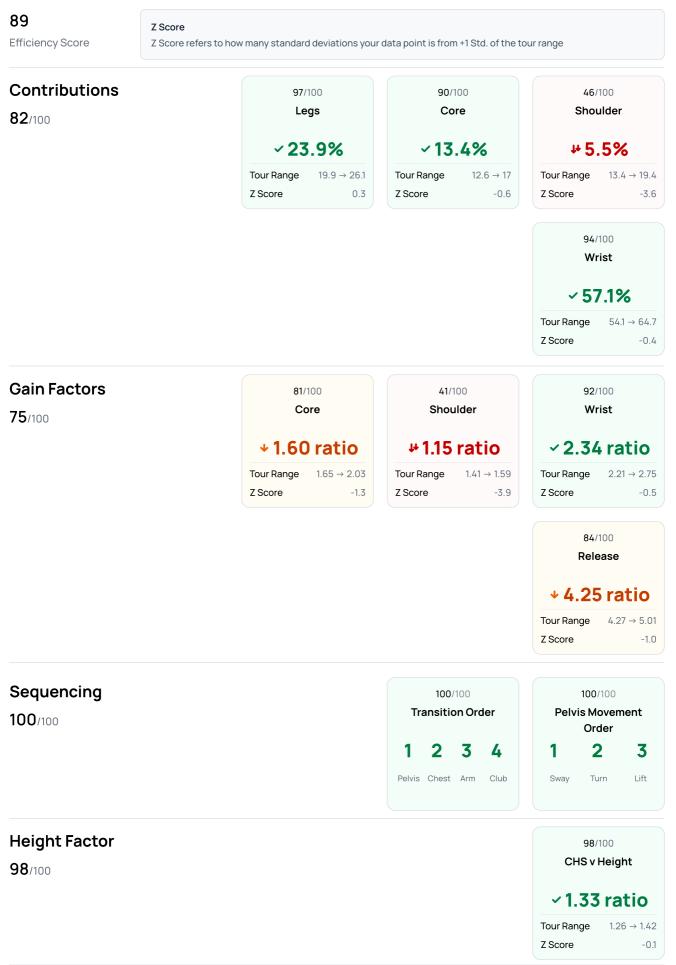
## **Speed Report**





## **Efficiency Report**





## **Consistency Report**



79

### #10

Consistency Score

Swings Taken

#### How do we measure Consistency

This is measured based on how much variance you have across all your swings. The ideal value here is  $\boldsymbol{0}$ 

Address 81/100	78/100 Chest Turn	92/100 Pelvis Turn	80/100 Chest Bend
01/100	<b>1.2°</b> Std. Dev	<b>1.4°</b> Std. Dev	<b>1.6°</b> Std. Dev
		65/100 Chest Side Bend	88/100 Pelvis Side Bend
		<b>1.4°</b> Std. Dev	<b>0.3°</b> Std. Dev
Top of Backswing	84/100	88/100	83/100
8 <b>1</b> /100	Chest Turn	Pelvis Turn	Chest Bend
	1.4° Std. Dev	<b>1°</b> Std. Dev	1.5° Std. Dev
	93/100 Chest Side Bend	80/100 Pelvis Side Bend	80/100 Sway Gap
	<b>0.4°</b> Std. Dev	<b>0.7°</b> Std. Dev	<b>0.3"</b> Std. Dev
	73/100	80/100 Dolvio Swov	73/100 Chest Lift
	Chest Sway 0.4" Std. Dev	Pelvis Sway 0.3" Std. Dev	0.4" Std. Dev
	80/100 Pelvis Lift	78/100 Hand Sway	77/100 Hand Lift
	<b>0.2"</b> Std. Dev	<b>0.9"</b> Std. Dev	<b>0.8"</b> Std. Dev

### **Consistency Report**



### 79

### #10

Consistency Score

Swings Taken

#### How do we measure Consistency

This is measured based on how much variance you have across all your swings. The ideal value here is  $\boldsymbol{0}$ 

